

Monday 2nd July	9.30 - 12.30	Development Girls
	10.30 - 12.30	Development Boys
	1.00 - 5.00	Elite Squad
	1.00 - 5.00	Club Grade Squad

Wednesday 4th July	9.30 - 12.30	Development Girls
	1.00 - 5.00	Elite Squad
	1.00 - 5.00	Club Grade Squad
	3.00-5.00	Display

Thursday 5th July	5.00 - 9.00	Elite Squad
	6.00 - 9.00	Club Grade Squad
	7.00 - 9.00	Floor & Vault

Friday 6th July - Sunday 22nd July - GYM CLOSED FOR HOLIDAYS

Monday 23rd July	9.30 - 12.30	Development Girls
	10.30-12.30	Development Boys
	1.00 - 5.00	Elite Squad
	1.00 - 5.00	Club Grade Squad

Tuesday 24th July	9.30 - 12.30	Development Girls
	1.00 - 5.00	Elite Squad
	1.00 - 5.00	Club Grade Squad
	3.00-5.00	Display

Thursday 26th July	5.00 - 9.00	Elite Squad
	6.00 - 9.00	Club Grade Squad
	7.00 - 9.00	Floor & Vault

Tuesday 31st July	9.30 - 12.30	Development Girls
	10.30 - 12.30	Development Boys
	12.00 - 4.00	Elite Squad
	12.00 - 4.00	Club Grade Squad
	2.00-4.00	Display

Friday 3rd August	9.30 - 12.30	Development Girls
	1.00 - 5.00	Elite Squad
	1.00 - 5.00	Club Grade Squad
	3.00-5.00	Floor & Vault

Monday 6th August - TRAINING BACK TO NORMAL TIMES