

OCTOBER HOLIDAY TRAINING TIMES 2012

Week 1

Monday 8th October AS USUAL

Wednesday 10th October AS USUAL

Thursday 11th October AS USUAL

(** Extra training for girls development squad 4-7**)

(**Elite squad may be different time/venue for competition practise**)

Week 2

Monday 15th October 9.30-12.30 Development Boys & Girls

1.00-5.00 Pre-Elite

1.00-5.00 Elite

3.00-5.00 Display

Wednesday 17th October 9.30-12.30 Development Boys & Girls

9.30-12.30 Club Grades

9.30-3.30 Elite (**Including Ellie & Iona)

1.30-3.30 Display

Thursday 18th October 2.00-6.00 Pre-Elite

2.00-6.00 Elite (**May be different time/venue for competition practise)

2.00-6.00 Club Grades

4.00-6.00 Floor & Vault

4.00-6.00 Display

